# Camper Packing List

## CLOTHING (Dance and otherwise)

- Pajamas
- Underwear
- Socks
- Shorts and/or Leggings
- T-shirts/Tank Tops
- All black dance outfit for the Night Under the Stars Performance
- Sweatpants
- Sweatshirt
- Jacket or fleece (it gets cold at night)
- Raincoat or poncho
- Umbrella
- Tennis Shoes/Sneakers/Flip Flops
- Swimsuit & Towel
- Baseball Hat
- Dance Shoes specific shoes are NOT required. Campers can choose to wear dance shoes, go barefoot, wear socks or tennis shoes for each dance class. If you do not have shoes for each specific style of dance, you are NOT REQUIRED to purchase them.
- The Dance Crew "POP" please bring one accessory in each of the following colors: Turquoise, Hot Pink, Purple, White. The accessory is for you to accent your outfit for CREW performances at "Night Under the Stars". This could be a shirt, a jacket, a scarf, a hair flower, a glove, a tutu, a bracelet, socks, etc. GET CREATIVE!
- RETURNING CAMPERS Don't forget your anniversary pins! Campers will wear these throughout camp!

\*\*All the clothing listed above is perfect for dance class. Campers do not typically change in between classes as they are quickly moving from class to class.

#### You do not need to bring A LOT. Camp wear is simple and comfortable.

#### TOILETRIES

- Hand sanitizer
- Sunscreen
- Bug Spray
- Chapstick (it gets really dry in the CO mountains)
- Sunglasses
- Toothbrush/Toothpaste
- Shampoo/Body Soap/Lotion
- Hair Dryer
- Hair Ties
- Comb/Brush





#### MISCELLANEOUS

- Duffle bag/suitcase campers who are flying to camp and using the camp shuttle PLEASE T PACK LIGHTLY. A carryon sized bag is a perfect size.
- Blanket (optional)
- Favorite Pillow (optional)
- Plastic Bag for dirty clothes
- Alarm clock
- Snacks (optional you can also purchase nightly snacks from the camp store) NO NUTS & PRE-PACKAGED ONLY.
- Book/Journal (optional might be nice for down time)
- Water bottle (Optional campers may receive one 😌)
- Dance Bag (Optional campers may receive one 😌)
- Fun room decor NO GLITTER! and only painters tape can be used!
- Fan! The lodge buildings are not air conditioned, so this is nice for campers to have

\*\* Campers will not be able to do laundry. Please pack enough for the entire duration of camp.

\*\*The rooms are equipped with sheets, pillows and towels.

## What NOT to Bring

- Tobacco products, electronic games, expensive accessories (i.e. Sunglasses, watches, necklaces, etc.), excessive amounts of money, or food, or candy, and improper magazines or books. Alcohol, animals, weapons or drugs (marijuana, illegal drugs) are strictly prohibited.
- For the safety and concern of other campers, staff will confiscate any of the prohibited items.
- NO phones, devices or chargers
- Ultimately, if any of the other above items are brought to camp, they are the camper's responsibility and CAMP TELAPHIBA is not liable for any loss incurred.

# Important Information Regarding Over the Counter Medications

- ALL MEDICINES must be turned in at check in to the Camp Nurse including over-the-counter medication. This is for the safety of the campers and a MANDATORY requirement of Camp Telaphiba.
  - This includes all prescription medications, ALL over the counter medications, vitamins, essential oils.
- The only approved medications that campers may have with them are inhalers and epi-pens and these must still be checked by the camp nurse upon arrival.
- The nurse is available 24/7 to provide campers with OTC medications as needed.
- Also if you are checking in medications and/or OTC items, they must be in original packaging any ziploc bags will not be allowed and will be disposed of if found at camp.



